



## Annual CPD Day

Friday 2<sup>nd</sup> June 2017



Royal College of Physicians  
FPA approved

### Type 1 CPD event : Programme

**Acute Frailty and management of multi-morbidity** - *Dr Iain Wilkinson, Consultant Geriatrician with a special interest in orthogeriatrics and movement disorders at SASH*

Understand frailty as a concept, how to assess for frailty and an approach to managing complex morbidity.

**Diabetes as a UK epidemic** - *Dr James McFarlane, Core Medical Trainee at SASH*

Understand the impact of diabetes on population health in the UK, approaching the long term management of diabetics and optimising the control of diabetes to reduce long term morbidity

**Modern management of obesity** - *Mr Simon Monkhouse, Consultant Upper GI and bariatric Surgeon at SASH*

Understand how bariatric surgery can impact on diabetes, choosing and selecting patients for surgical approaches and long term management post weight loss surgery.

**ED – To admit... or ...not to admit** - *Dr Csaba Szekeres, Consultant in Emergency Medicine at SASH*

Deciding who needs acute admission to hospital particularly those with chronic health complaints. An approach to the decision making process of admitting at the front door.

**COPD management** - *Dr Deepak Jayaram, Consultant in Respiratory Medicine at SASH*

GOLD framework for stepwise management of COPD, the impact of smoking cessation on COPD outcomes and how to decide on the right combination of inhalers.

**STOPP- START** - *Mrs Stephanie Shale, Pharmacist at SASH*

Understanding of common medications that cause complications in the elderly and those with a good evidence base for use.

### Workshops:

- Introduction to medical extended procedures - *Dr Martin Dachsel, Consultant in Acute Medicine*
- Setting up simulation and how to debrief - *Joanna Lawrence, BSMS Lecturer and Simulation Educator*  
*Dr Nicola Dearnley, BSMS Simulation fellow and BSMS Physician Associate Faculty*
- Prescribing workshop - *Alice Donaghy- Independent prescribing pharmacist*

### Previous feedback;

*"Very interactive and interesting clinical cases were discussed. Thanks."*

*"Excellent presentation, good use of examples to put the principles into action."*

**Location:** SASH, East Surrey Hospital, Canada Drive, Redhill RH1 5RH.

**To book your place, please contact [kss.schoolofpas@nhs.net](mailto:kss.schoolofpas@nhs.net) Approved Type 1 CPD Event - 5 hours**

**Cost:** FPARCP Member £75. Non-FPARCP Member £125. Student FPARCP Member £50. Student Non-member £65.